



PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

Eligibility and funding

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision **is additional and sustainable**. As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children

- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an *active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches *to work alongside teachers* to enhance or extend current opportunities

4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

***Active mile**

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage, 2 pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations

- use a range of strokes effectively
- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety - after the delivery of core swimming and water safety lessons.

Accountability and Responsibilities

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- the amount of premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Trustees are responsible for:

- Holding Trust leaders to account in order to ensure the PE and Sport Premium funding

Grant:

- Develops or adds to the PE, physical activity and sport that is currently provided
- Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

The CEO and Deputy CEO are responsible for:

- Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools;

Local Governing Bodies are responsible for:

- Agreeing and approving annual PE and Sport Premium statements;
- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

Headteachers / Principals are responsible for:

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates;

- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates;
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website;
- Producing termly updates relating to the use and impact of funding to LGB and the Trust.

Teachers and other school staff are responsible for:

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement;
- Implement the school's PE and Sport Funding strategy (as appropriate to their role).

Useful links:

DfE PE and Sport Premium guidance

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Association for Physical Education – FAQs

<http://www.afpe.org.uk/physical-education/wp-content/uploads/Premium-FAQ-Final.pdf>

Swim England

<https://www.swimming.org/schools/>

Youth Sport Trust

<https://www.youthsporttrust.org/PE-sport-premium>

Good practice examples

<https://www.activenotts.org.uk/uploads/primary-pe-and-sport-premium-good-practice-examples.pdf>

Active Partnerships

<http://www.activepartnerships.org/active-partnerships>

DfE – Teacher Blog

<https://teaching.blog.gov.uk/category/pe-and-sport-premium/>

Public Health England

<https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physical-activity-briefing>

School Games website

<https://www.yourschoolgames.com/>

PE and Sport Premium Survey Research Report

<https://www.gov.uk/government/publications/primary-pe-and-sport-premium-survey>

School Sport and Activity Action Plan

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School_sport_and_activity_action_plan.pdf

Chief Medical Officer guidance

<https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officers-report>

School: Frederick Holmes School	Pupils Y1-Y6	Funding: 2020-2021 £16,330 2021-2022
Academic year or years covered by statement: 2019-2021	Publish date: July 2020	Review date: June 2021
Headteacher: Mrs B Ribey	Subject lead: Miss S Horton	Governor lead: Miss S Horton

PE and Sport Premium

Priority Area	Intent	Implementation	£	Impact (Success criteria)
1	To enable all pupils to have access to hydrotherapy for Physical Management or where possible to meet NC requirements for swimming and water safety.	All Pupils in Y1-6 to access 0.5-day Halliwick swimming session.	1:1 support in pool c£7,000	Y1-6 pupils swim for half day a week with class support and additional support. All staff are Halliwick trained. Swimming is extremely beneficial for all pupils. It forms part of their physical management programme, promotes good wellbeing and within 14-19 contributes to their Bronze Duke of Edinburgh Award. (P.E Profiles/Accreditation Plan)
1/2	Access to a varied P.E curriculum which enables all pupils the opportunity to participate in a variety of activities both within the	Continue to timetable a whole school PE afternoon with a variety of sports and physical management experiences adapted to meet the needs of all pupils.		Raise the profile of Sport as part of promoting positive mental health and wellbeing. Provide all pupils with access to a dynamic and engaging P.E curriculum.

	weekly P.E session and throughout the curriculum.	<ul style="list-style-type: none"> Hull FC to provide package including coaches, specialised sports days, staff training session, lunchtime/afterschool club and assemblies. 	Hull FC Package £3,500	Develop pupil's attention skills, balance and co-ordination, throwing and catching skills, listening, team work, communication and relaxation skills. (P.E Report, P.E Profiles, Student Voice)
3	All staff will be confident in the knowledge and skills required to ensure all pupils have access to a varied P.E curriculum and daily physical management.	<p>Induction for new staff includes training to increase confidence in PMP. P.E Co-ordinator and M&H Co-ordinator to meet weekly to discuss implementation of P.E curriculum. Each class to have a T.A assigned as M&H Lead.</p> <p>All PMLD staff to be trained in massage therapy.</p>	<p>1/5 days M&H Co-ordinator Salary £2000</p> <p>£500</p>	<p>Moving and Handling is of a consistently high standard due to the level of training and monitoring provided by the M&H Lead and T.A Leads from each class. Training is provided for all new staff and refresher training is offered throughout the academic year.</p> <p>Parents continue to report that they are confident their children are safe in school. Staff are able to meet the sensory needs of PMLD pupils when necessary by providing massage therapy.</p> <p>(Physical Management Plans, WFD records)</p>
4	All pupils to engage, access and experience a broader range of sports, activities and Physical Management opportunities.	Pupils to have access to a variety of personalised physical development opportunities which are closely linked to their personalised plans and EHCP targets wherever possible.	<p>*L2 TA Support use of adapted cycles 0.5 days per week £1000 * L2 TA trained to lead rebound therapy £1000</p>	<p>An increasing number of pupils to have access to the adapted bikes in order to improve their independent mobility.</p> <p>Pupils to continue to have access to weekly rebound sessions to help improve their physical skills as well as listening and communication skills.</p>

			*Volleyball coach to provide weekly lunchtime session & after school club session (half term cycle) £1,000	Increase the number of SLD pupils accessing this group to improve wellbeing and also communication/teamwork. (Physical Management Plans, Swimming targets, EHCP Targets, Personalised Plans)
5	To continue to develop links within the Trust and also the local area to provide our pupils with the opportunity to engage in competitive sports events.	Pupils to have access to a variety of competitive sporting events including those within HET and also in the local community. (Competitive sports events will not run as a result of Covid-19 restrictions review half termly)	Transport to local events £200	Pupils will have the opportunity to meet other pupils from different schools/areas. Increased engagement in sporting/physical activities. (P.E Profiles, HET/School website)

Evidence base

Review of PE and Sport Premium 2019-2020

Key achievements to date until July 2020

Objective 1: The engagement of all pupils in regular physical activity

All pupils in Y1-6 to access half day swimming- **Achieved**
Physical management plans in place as appropriate- **Achieved**
Review of lunchtime activities- **Partially achieved**

Objective 2: The profile of P.E and sport is raised across the school.

Continue to timetable whole school P.E- **Achieved**

Objective 3: Increase confidence, knowledge and skills of all staff in teaching P.E and Sport

Induction for new staff to include competency training. To increase confidence and reduce risk- **Achieved**

Areas for further improvement and evidence to support this

Objective 1: The engagement of all pupils in regular physical activity

- Swimming TA's employed to support half day swimming session for all pupil Y1-6. (see swimming timetable)
- Physical management plans implemented as appropriate. Class T. A's trained by Physiotherapy team to deliver.
- Review of lunchtime activities undertaken with staff and School Council. Regular weekly lunchtime clubs introduced including volleyball, music and swimming. **Continue to introduce a further range of activities to accommodate the variation of pupil need across the school.**
- **Increase Teacher and SLT input in the organisation of lunchtime arrangements.**

Objective 2: The profile of P.E and sport is raised across the school.

- P.E continues to run for half a day once a week. Volleyball coach employed to lead session during this time and lunchtime club.
- Sports Leads allocated 1-hour weekly meeting to co-ordinate P.E
- P.E Profiles available for all pupils.

Objective 3: Increase confidence, knowledge and skills of all staff in teaching P.E and Sport

- Induction training includes Physical Management, Moving and Handling training and Halliwick program.
- 2x senior teaching assistants trained as Moving and Handling Co-ordinators to deliver training to colleagues.

Objective 4: Broader experience of a range of sports and activities

Personalised offer to increase to pupils- **Achieved**

Objective 5: Increased Participation in competitive sport

Continue to develop HET P.E links to include an increasing number of pupils in competitive sport.

Objective 4: Broader experience of a range of sports and activities

- Program of adapted cycles timetabled twice a week for selected pupils
- After School club included some P.E opportunities however this has been restricted by Covid-19 and needs to continue to increase in the autumn term 2020.
- Program of rebound therapy in place 3x per week for selected pupils.
- Group of 6 14-19 pupils accessing weekly sessions at the Gym.
- Group of 14-19 completing their Bronze DofE Award which includes a physical element of their choice.
- Implementation of sensory circuits with selected pupils. T.A to be further developed to lead this within their responsibilities with more pupils. (School Improvement Plan 2020-2021)

Objective 5: Increased participation in competitive sport

- Group of KS2 pupils attended HET sports day at St Nicholas School.
- One pupil participated in a community swimming gala.
- Further events were organised to take place in the summer term however due to Covid-19 these were cancelled.

Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils

% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m

0%
We had 6 Y6 in 2019-20
all are severely or
profoundly physically
disabled and have
severe or profound
learning disabilities

<p>% of current Year 6 cohort who can use a range of strokes effectively (e.g. front crawl, backstroke, and breaststroke).</p>	<p>0% As above</p>
<p>% of current Year 6 cohort who perform safe self-rescue in different water-based situations</p>	<p>0%</p>
<p>School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.</p>	<p>Yes / No</p>
<p>Although very few pupils at Frederick Holmes are able to swim independently all pupils have a weekly swimming lesson delivered using the Halliwick Swimming Programme in which pupils work towards personalised targets for swimming, physical management and water safety.</p>	

Prompts for Headteachers (not for inclusion in policy)

Guidance seems to suggest you should have priorities in all areas – not sure about that one – personally I think you know where the focus should be in your own schools.

Focus area – one of the 5 areas / indicators for which funding can be used or additional swimming. I'd use the numbers in that column or put additional swimming

- Intent – be clear about what you want pupils, to know, be able to do and what they need to consolidate through practice
- Implementation – your actions – these will be linked to intent
- £ - how much is this going to cost
- Success criteria / impact – the so what question. Try and make as much measurable as you can

The main form asks for more information – I have tried to reduce it slightly but the evaluation seems much less onerous.

Given the amount of funding, I don't think this form should be overly demanding in terms of time taken to complete.

Focus on additional and sustainable – the latter being after the funding has been removed

Be realistic – don't set yourself up to fail.

Good use is purchase of consultant to work alongside staff to develop them

Remember to keep a record of swimming attainment, as this is not reported until pupils reach end of Y6 and they may well have been swimming in other year groups!

You can't use the funding for:

- Capital expenditure
- Teaching the minimum requirements of your existing PE curriculum
- Employing coaches or additional teachers to release teachers for PPA