



PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

Eligibility and funding

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision **is additional and sustainable**. As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes

- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an *active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches *to work alongside teachers* to enhance or extend current opportunities

4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

***Active mile**

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage, 2 pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations
- use a range of strokes effectively
- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.

- The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety - after the delivery of core swimming and water safety lessons.

Accountability and Responsibilities

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- the amount of premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Trustees are responsible for:

- Holding Trust leaders to account in order to ensure the PE and Sport Premium funding Grant:
 - Develops or adds to the PE, physical activity and sport that is currently provided
 - Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

The CEO and Deputy CEO are responsible for:

- Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools;

Local Governing Bodies are responsible for:

- Agreeing and approving annual PE and Sport Premium statements;
- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

Headteachers / Principals are responsible for:

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates;
- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates;
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website;

- Producing termly updates relating to the use and impact of funding to LGB and the Trust.

Teachers and other school staff are responsible for:

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement;
- Implement the school's PE and Sport Funding strategy (as appropriate to their role).

Useful links:

DfE PE and Sport Premium guidance

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Association for Physical Education – FAQs

<http://www.afpe.org.uk/physical-education/wp-content/uploads/Premium-FAQ-Final.pdf>

Swim England

<https://www.swimming.org/schools/>

Youth Sport Trust

<https://www.youthsporttrust.org/PE-sport-premium>

Good practice examples

<https://www.activenotts.org.uk/uploads/primary-pe-and-sport-premium-good-practice-examples.pdf>

Active Partnerships

<http://www.activepartnerships.org/active-partnerships>

DfE – Teacher Blog

<https://teaching.blog.gov.uk/category/pe-and-sport-premium/>

Public Health England

<https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physical-activity-briefing>

School Games website

<https://www.yourschoolgames.com/>

PE and Sport Premium Survey Research Report

<https://www.gov.uk/government/publications/primary-pe-and-sport-premium-survey>

School Sport and Activity Action Plan

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School_sport_and_activity_action_plan.pdf

Chief Medical Officer guidance

<https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officers-report>

PE and Sport Premium

School: Frederick Holmes School	Pupils Y1-Y6	Funding: £16340
Academic year or years covered by statement: 2021-22	Publish date: July 2021	Review date: June 2022
Head of School: Helen Maddison	Subject lead: Sarah Linstead	Governor lead: Sarah Linstead

Priority Area	Intent	Implementation	£	Impact (Success criteria)
1 Links to SIP Objective A and C	For pupils to experience hydrotherapy or formal swimming lessons to meet their physical needs and the NC, where appropriate.	All sensory pupils in Y1-6 to access 0.5-day Halliwick swimming session, weekly. All more able pupils in Y1-6 to access 0.5-day formal swimming lesson for at least once per half term.	1:1 support in pool c£7,000 Pool hire costs c£1bc Travel costs c£200	Pupils will have access to a form of swimming (hydrotherapy or formal swimming lesson) and develop water confidence. Sensory pupils will have their physical management needs met. Pupils will have sense of health and wellbeing- being active. Pupils will have a sense of health and hygiene- changing and showering after sessions, some pupils will be able to engage in this independently and make links to PSHE.
1/2/3	For pupils to access a varied PE curriculum and participate in weekly PE	Re-introduce whole school PE groups, organised by key stage and physical needs/		Sensory pupils will have their physical management needs met.

Links to SIP Objective A, B and C	sessions and/ or physical management routines (additional to hydrotherapy/ swimming lessons).	ability. Use of sensory equipment purchased in 2020-21. PE lead to explore Hull FC package moving forward (dependent on restrictions and availability) Massage training for PMLD staff.	C£3000 c£500	Pupils will have sense of health and wellbeing- being active. Pupils with sensory processing disorders will be able to better regulate and 'be ready' for wider learning. Pupils will participate in lessons that meet their physical needs and give them experience of a wide range of sports or activities. Sensory pupils will have their sensory needs met, as appropriate, e.g. pressure points.
4 Links to SIP Objective C	Further develop physical activity across the curriculum, including sensory circuits, lunchtime clubs and after school extended services.	Re introduction of clubs including volleyball, with trained coach. Re introduction of after school extended services, including physical activities e.g. soft play, sensory circuit, volleyball, games and healthy living activities e.g. food preparation and cooking Use of sensory circuits as appropriate, with previously purchased equipment.	Staffing costs c£3000	Pupils will have sense of health and wellbeing- being active. Pupils will have sense of health and wellbeing- healthy eating. Pupils with sensory processing disorders will be able to better regulate and 'be ready' for wider learning.
5 Links to SIP	To participate in a range of extra- curricular and off-site sporting events alongside other schools.	PE lead attended planning day with other subject leads across the special schools to timetable a range of events, suited to the needs of various pupil groups, for the coming academic year.	Travel costs c£200	Pupils will have the opportunity to participate in sporting events taking place across the city, catered to their needs.

Objective
C

KS5 pupils to participate in Sports Leader awards, in school and across settings.

Pupils will be able to mix with pupils from other schools in a safe environment.

Pupils will develop skills beyond physical e.g. sportsmanship, leadership, forming and maintain friendships.

Pupils will have sense of health and wellbeing- being active.

Review of PE and Sport Premium 2020-21

Key achievements to date until July 2021	Areas for further improvement and evidence to support this
<p>Priority Area 1/ 2: Hydrotherapy was successfully re-introduced in the late Spring term 2021 for the most physically vulnerable pupils. This has increased through the summer term, though not all pupils are currently back swimming. Swimming COVID RA in place. All pupils have continued to receive formal PE lessons and/or physical management where appropriate.</p> <p>Priority Area 3: All staff received appropriate physical management training from Health Teams at the beginning of each academic and routinely re-train staff as required. NQT attended Table Cricket CPD and has been able to adapt this for the needs of pupils. All classes have an assigned M&H lead who liaised with the M&H Coordinator, as necessary. Equipment purchased to support sensory circuits and sensory regulation with appropriate learners. All staff have received theoretical and practical CPD for sensory learners.</p> <p>Priority Area 4: Pupils have continued to access a range of activities beyond hydrotherapy and PE sessions, including adapted cycles and Rebound therapy as appropriate.</p> <p>Priority Area 5: Trust events have not run due to COVID restrictions and Ras.</p>	<p>Sensory classes and those with other physical impairments will be prioritised for hydrotherapy sessions at least once per week on site at Frederick Holmes School. More able swimmers will be offered more formal swimming lessons off-site in a community pool (COVID RA pending). A return to 'whole-school' PE is planned for the coming academic year. Pupils will be grouped according to age and physical ability to ensure PE lessons build on appropriate skills. Hull FC package was not introduced due to COVID restrictions.</p> <p>Massage training for PMLD staff was unable to take place and has been planned for the beginning of the 2021-22 academic year. Implementation of sensory circuits and use of sensory equipment in 2021-22.</p> <p>Further develop extra opportunities to PE and Sport (lunchtime club, extended services, participation in city wide events) and the use of the adapted cycles.</p> <p>Timetable of events planned for 2021-22, COVID restrictions dependent.</p>
<p>Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils</p>	

% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	0%
% of current Year 6 cohort who can use a range of strokes effectively (eg front crawl, backstroke, and breaststroke).	0%
% of current Year 6 cohort who perform safe self-rescue in different water based situations	0%
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes / No

Prompts for Headteachers (not for inclusion in policy)

Guidance seems to suggest you should have priorities in all areas – not sure about that one – personally I think you know where the focus should be in your own schools.

Focus area – one of the 5 areas / indicators for which funding can be used or additional swimming. I'd use the numbers in that column or put additional swimming

- Intent – be clear about what you want pupils, to know, be able to do and what they need to consolidate through practice
- Implementation – your actions – these will be linked to intent
- £ - how much is this going to cost
- Success criteria / impact – the so what question. Try and make as much measurable as you can

The main form asks for more information – I have tried to reduce it slightly but the evaluation seems much less onerous.

Given the amount of funding, I don't think this form should be overly demanding in terms of time taken to complete.

Focus on additional and sustainable – the latter being after the funding has been removed

Be realistic – don't set yourself up to fail.

Good use is purchase of consultant to work alongside staff to develop them

Remember to keep a record of swimming attainment, as this is not reported until pupils reach end of Y6 and they may well have been swimming in other year groups!

You can't use the funding for:

- Capital expenditure
- Teaching the minimum requirements of your existing PE curriculum
- Employing coaches or additional teachers to release teachers for PPA