



Explore, Inspire, Enrich

Long Term Plan Cover Page- Sensory Classes

What it means to develop...

Communication Skills- Communicate effectively, make choices, listen to stories for pleasure, understand and interpret the world around them, be inspired to engage and explore their senses during shared sensory stories, be responsive communicators (Body Signs and OOR), to express preferences, likes and dislikes

Cognition Skills- Problem solvers, understand cause and effect, be inspired to be curious and show realisation of the world around them, use physical and tactile skills to explore the properties of the natural world

Knowledge of the World Around Us- As explorers, grow to recognise places within the school environment, go on community visits and explore local venues, be immersed in the concept of old and new

Creative Skills- Be immersed in colour, experience and explore a range of artworks using a range of accessible mediums, be immersed in sounds, experience and explore music, sounds and instruments, show preferences and dislikes

Physically- Have changes of position, maintain an active lifestyle, participate in a variety of activities and sports, keep healthy, experience communication through touch activities, access healthcare routines

A Sense of Self- Celebrate achievements, respect each other, be healthy, know about different types of relationships, emotional literacy, access/engage in activities to promote their emotional regulation (PSHE & RSE)

... at Frederick Holmes School

Year 1 Spring Term

Theme: Extreme Environments

Topic: On The Waves

Sensory Story/Drama Communication/ECT

As **Storytellers** we will explore the ocean, we will be inspired to become Deep Sea Divers/Pirates and embark on a journey on the ocean waves.

We will experience extreme wintry weather as we explore Antarctica.

We will be inspired to actively engage our senses during our immersive multi-sensory adventures.

As effective **Communicators**, we will engage and anticipate responses to body signs, objects of reference and sensory cues.

To enrich our developing communication skills we will participate in Let's Play and Intensive Interaction sessions.

Creative Arts Music Cognition As **Artists** we will explore the ocean themed paintings of Sharon Cummings and be inspired to create our own designs, using a range of materials. We will enrich our artistic experiences through using a range of reflective/ tactile materials to create story props and class displays. Coral reefs/ocean bottles//texture boards, 3D portholes/bubble painting. PMLD Collaborative Art project. As **Musicians** we will experience and listen to excerpts of the Carnival of the Animals; The Aquarium by Camille Saint-Saens and be inspired to create our own oceanic soundscape using a range of instruments and sound effects. PMLD Collaborative music project.

Physical: Communication

To be Healthy: We will engage in a range of Therapies: Personalised Physiotherapy Plans, Hydrotherapy Sensory Story, Rebound Therapy, Dance Massage, Sensory Massage, Discovery Box.

Water play, **Switch activated** Foot-spas.

Communication/ECT/Cognition

Daily Greetings/ Marvellous Me

RE: Exploring the Symbolism of Water in World Religions

Jigsaw: Spring 1: Dreams and Goals

Learning Intention I can keep trying until I can do something.

Spring 2: Healthy Me 'We like to move it move it' **Learning Intention** I can tell you some of the things I need to do to be healthy.

Community and Outside Learning /Cognition

As **Explorers** we will go on a visit to **The Deep** and experience the wonders of the Oceans up close. (Maritime Museum Outreach)

As **Explorers** we will experience the sights, sounds, smells and textures of a day at the beach using our outdoor classrooms.

As **Explorers** we will experience the aquariums in local garden centres.

Knowledge of the World- Environmental Control Cognition

As **Chefs** we will explore a variety of ingredients and switch activated equipment and be inspired to create a range of inventive sea side treats. Floating islands, biscuit crumb sand, seaweed spaghetti, ice cream, tropical crush. (Food Technology Room)

As **Storytellers**, we will use a range of switch activated equipment to create sound and light effects to enrich our story experiences.

Knowledge of the World- ECT/Cognition

Science Week Activities

As citizens we will explore seasonal celebrations.

Easter

Wider Outcomes e.g. social skills, independence.

As Individuals we will be inspired to engage and actively participate in developing essential skills to meet our long and short term EHCP targets.

Additional Learning opportunities:

Collaborative Learning.

Physical Management

Self-help

Whole school assemblies/celebrations