



Explore, Inspire, Enrich

Long Term Plan Cover Page- Sensory Classes

What it means to develop...

Communication Skills- Communicate effectively, make choices, listen to stories for pleasure, understand and interpret the world around them, be inspired to engage and explore their senses during shared sensory stories, be responsive communicators (Body Signs and OOR), to express preferences, likes and dislikes

Cognition Skills- Problem solvers, understand cause and effect, be inspired to be curious and show realisation of the world around them, use physical and tactile skills to explore the properties of the natural world

Knowledge of the World Around Us- As explorers, grow to recognise places within the school environment, go on community visits and explore local venues, be immersed in the concept of old and new

Creative Skills- Be immersed in colour, experience and explore a range of artworks using a range of accessible mediums, be immersed in sounds, experience and explore music, sounds and instruments, show preferences and dislikes

Physically- Have changes of position, maintain an active lifestyle, participate in a variety of activities and sports, keep healthy, experience communication through touch activities, access healthcare routines

A Sense of Self- Celebrate achievements, respect each other, be healthy, know about different types of relationships, emotional literacy, access/engage in activities to promote their emotional regulation (PSHE & RSE)

... at Frederick Holmes School

Year 1 Summer Term

Theme: Me and My World

Topic: We are Superheroes

Sensory Story/Drama Communication/ECT

As **Storytellers** we will explore what it means to be a Superhero. We will encounter the Superheroes we have in our lives. We will be inspired to use our own Superhero skills and senses to respond and engage with different stimuli during our immersive multi-sensory stories.

As effective **Communicators**, we will engage and consistently anticipate responses to body signs, objects of reference, sensory cues. We will show consistent responses to 2D representational strategies. Low Tech-High Tech AAC.

To enrich our developing communication skills we will demonstrate recall during Let's Play and Intensive Interaction sessions.

Creative Arts/Music/ Cognition: As Artists we will explore the works of Andy Warhol and Roy Lichtenstein and be inspired to create our own Superhero badges/masks/capes and images use a range of tactile materials and mediums.

As **Musicians** we will explore a range of different instruments and create individual Superhero sounds to include in our sensory story. As **Musicians** we will listen to, respond create a Superhero playlist with our friends.

Physical: Communication

To be Healthy: We will engage in a range of Therapies: Personalised Physiotherapy Plans, Hydrotherapy, Rebound Therapy, Dance Massage, Sensory Massage, Body Awareness, Adapted Cycles.

Communication/ECT/Cognition Daily Greetings/ Marvellous Me

RE: Super Hero Saints

Super-Power Celebration. A PMLD phase assembly to celebrate the achievements of our Superhero students with families

Jigsaw: Summer 1: Relationships Make friends, make friends never ever break friends. Learning Intention: I can work together and enjoy being with my friends **Spring 2: Changing Me 'My Body' 'Learning Intention** I can recognise parts of my body and show respect for myself.

Community and Outside Learning /Cognition

As **Horticulturalists**, we will explore which plants have superpowers. What vegetables can be regrown? What plants have super scents? What plants have super strength? What plants grow super-fast? What plants grow super-big? Forrest school/Sensory Garden

As **Explorers** we will use our Super senses to explore and engage with a range of sensory stimuli at the Super Hero Sensory Stations in the outdoor classroom.

Knowledge of the World- Environmental Control Cognition

As **Technicians** we will use the IWB to create colourful patterns to enrich our Superhero artwork.

As **Chefs**, we will explore a range of ingredients and switch activated equipment to create tasty superhero snacks.

As **Technicians** we will use buttons and switches to activate a range of toys and indicate preferences.

As **Musicians** we will create our own Superhero sound effects.

Knowledge of the World- ECT/Cognition

As **citizens** we will explore National Superhero Day. We will explore all the different people who help us each day. Not all Superheroes wear capes.

As **Explorers** we will experience a number of Sound walks/Vision walks, to reflect on the Super Powers of nature.

Wider Outcomes e.g. social skills, independence.

As Individuals we will be inspired to engage and actively participate in developing essential skills to meet our long and short term EHCP targets.

Additional Learning opportunities:

Collaborative Learning.

Physical Management

Self-help

Whole school assemblies/celebrations