

Frederick Holmes School
Long Term Plan Overview Post 16

Focus	My Lifestyle Autumn 1	My Wellbeing Spring 1	My Community Summer 1	My Future Autumn 2	My Home Spring 2	My City Summer 2	My Choices Autumn 3	My Money Spring 3	My Leisure Time Summer 3
Suggested Texts	Narrative: Fantasy - Circus Mirandus (Cassie Beasley) - Furthermore (Tahereh Mafi) Non-F: Shopping lists, food labels	Narrative: Adventure - Escape from Mr Lemoncello's Library (Chris Grabenstein) - Spaced Out (Stuart Gibbs) Non-F: Clothes labels, washing instructions	Narrative: Autobiography/ biography - Malala: My Story of Standing Up for Girls' Rights – Young Readers Edition (Malala Yousafzai) - You Can Do It: How to Find Your Voice and Make a Difference (Marcus Rashford) Non-F: Adverts, fliers, timetables	Narrative: Coming of Age - The Best Man (Richard Peck) - Counting by 7s (Holly Goldberg Sloan) - Goodbye Stranger (Rebecca Stead) - Pax (Sara Pennypacker) Non-F: Recipes, letters/ emails	Narrative: Mystery - Hoot (Carl Hiaasen) - The Westing Game (Ellen Raskin) Non-F: Product research, reviews	Narrative: Inspired by History - The Mighty Miss Malone (Christopher Paul Curtis) - Echo (Pam Munoz Ryan) - The Inquisitor's Tale (Adam Gidwitz) Non-F: News (papers, magazines and programmes)	Narrative: Magic - Dealing with Dragons (Patricia Wrede) - The Girl Who Drank the Moon (Kelly Barnhill) Non-F: Cookery books/ websites	Narrative: Non-Fiction - Bomb (Steve Sheinkin) - Hidden Figures: Young Readers Edition (Margot Lee Shetterly) Non-F: Personal information forms	Narrative: Significant Authors - David Walliams - Eoin Colfer - Michael Morpurgo - Cressida Cowell Non-F: Social media (identifying fake news)
Functional Skills	Communication Reading & Writing Maths								
	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT
Independence	Food Preparation	Looking After the Home	Community & Inclusion	Food Preparation	Looking After the Home	Community & Inclusion	Food Preparation	Looking After the Home	Community & Inclusion
Focus Area	Food Service	Enterprise	Horticulture	Food Service	Enterprise	Horticulture	Food Service	Enterprise	Horticulture
Community Visits	Supermarket Independent Living provision	Independent Living provision Anlaby Shops	Community Workshops and Clubs Oldroyd's Corner	Supermarket Independent Living provision	Independent Living provision St Andrews Quay	Museums/ Galleries Old Town The Deep Oldroyd's Corner	Supermarket Independent Living provision	Independent Living provision Clough Road Shops	Leisure Centres Local Parks Cinema/ Theatre Oldroyd's Corner
Being Healthy	Physical Wellbeing	Health & Hygiene	Personal Safety Mental Wellbeing & Leisure	Physical Wellbeing	Health & Hygiene	Personal Safety Mental Wellbeing & Leisure	Physical Wellbeing	Health & Hygiene	Personal Safety Mental Wellbeing & Leisure

Where appropriate, personalised opportunities to access a range of accreditations and qualifications are offered throughout the 14-19 department. Links to core qualification modules are identified within the Post 16 Progression Document.