



PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

PE and Sport Premium

School: Frederick Holmes School	Pupils: Y1-6	Funding ~£16,000
Academic year or years covered by statement: 2023-24	Publish date: July 2023	Review date: July 2024
Headteacher: Helen Maddison	Subject lead: Sarah Linstead	Governor lead: Sarah Linstead

Priority Area	Intent	Implementation	£	Impact (Success criteria)
1	Pupils to receive sports coaching from specialist coaches in addition to the PE curriculum taught in school.	<p>Hull KR Bespoke Package</p> <p>Two - 45 minutes specific curriculum sessions per week, for whole academic year. Hull KR sessions will rotate between appropriate classes throughout the year.</p> <p>After School Club for whole year with activities linking to curriculum planning.</p> <p>Robins Takeover Day linked to whole school sports day – Fun activities for the whole school in a collapsed curriculum day, including opportunities for Rugby League, dance & netball activities for all to enjoy.</p> <p>Stadium Visit – an opportunity for a selection of pupils to visit Craven Park to meet the first team players, watch them train and have a Q&A session. Links to healthy lifestyle elements of PE curriculum.</p> <p>Reading Champions scheme, reading mentor to come into school to support pupils with literacy improvement and listen to pupils read.</p>	£3800	<p>All pupils who participate in additional sessions will be able to pass a ball (at a physically appropriate level), using their hands or feet.</p> <p>Some pupils (75%) will be able to link together at least three different moves to music and perform a short routine to their peers / wider school.</p> <p>Some pupils (75%) will have knowledge of basic tactics involved in a team game/ sport.</p> <p>Hull KR</p> <p>Some pupils who participate in the Reading Champions Scheme will demonstrate and increase in their confidence and ability to read aloud.</p>
2	Offer a wider range of sporting activities as part of lunchtime provision and After-School Club provision, to promote active and healthy lifestyles.	<p>Volleyball (or other), with a trained coach, weekly</p> <p>Yoga and dance sessions (promoting wellbeing), adapted</p> <p>bikes and Rebound therapy offered by appropriate staff members, weekly</p>	£1500	All pupils will have the opportunity to participate in a wider range of sporting and leisure activities. 60% pupils attending a club will be able to demonstrate skills they have learnt in one of the additional clubs.

3	Appropriate pupils will have the opportunity to access Riding for the Disabled sessions.	Three, six week blocks of sessions over the year. Six pupils to access each block of sessions.	£540	The physical therapy benefits of RDA include: improving overall fitness, development of muscle strength, balance and co-ordination, increased core strength and mobility. Other benefits include a long-term impact on: self confidence levels, relationship building and communication skills.
4	All pupils will have access to Now Press Play: an immersive audio resource that engages pupils in the curriculum through active imagination, adventure and movement.	Used as an enhancement of our curriculum, it encourages many of our pupils to actively travel and move around a space in different ways and create different shapes with their bodies all whilst being fully immersed in a story.	£1294	All pupils who engage will have the opportunity to access the wider curriculum through an immersive program that encourages them to be physically active. All pupils who access will be physically active for at least 15 minutes per session in addition to weekly PE requirement.
Additional Swimming	Some pupils will have the opportunity for additional swimming or hydrotherapy lessons on top of NC statutory requirements.	Halliwick trained instructor and additional staff Opportunity to visit a local community pool, with trained instructors Associated travel costs for community lessons	£8000 £1118.80 £200	All pupils who engage in additional swimming lessons will have increased water confidence and enjoyment in the water. 2 out of 5 Year 6 pupils (40%) will be able to swim 25m in at least one stroke

Review of PE and Sport Premium 2022-2023

Key achievements to date until July 2023	Areas for further improvement and evidence to support this
<p>All pupils have had the opportunity to participate in a least a short course of additional swimming lessons over the academic year.</p> <p>All appropriate pupils have received physical management, in addition to their formal weekly PE and swimming curriculum.</p> <p>PE routines firmly embedded in class timetables.</p> <p>Refined and updated PE curriculum and assessment successfully rolled out for Spring / Summer term.</p> <p>Pupils who required sensory OT support continue to have access this and sensory OT continues to support staff to meet the sensory needs of our pupils.</p> <p>Rebound therapy is used at least weekly by appropriate pupils.</p> <p>Staff have received a PE CDP session from subject lead as well as a CPD session lead by Hull FC.</p>	<p>Opportunities for inter-school competition and events can be difficult to access due to the complex needs of the children.</p> <p>Further embed the range of extra-curricular sporting and physical activity offered to pupils.</p>
Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils	
% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	0%
% of current Year 6 cohort who can use a range of strokes effectively (e.g. front crawl, backstroke, and breaststroke).	0%
% of current Year 6 cohort who perform safe self-rescue in different water- based situations	0%
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes

