

Frederick Holmes School  
Long Term Plan Overview Post 16

Focus	My Lifestyle	My Wellbeing	My Community	My Future	My Home	My City	My Choices	My Money	My Leisure Time
	Autumn 1	Spring 1	Summer 1	Autumn 2	Spring 2	Summer 2	Autumn 3	Spring 3	Summer 3
Suggested Texts	Narrative: Fantasy - Circus Mirandus (Cassie Beasley) - Furthermore (Tahereh Mafi)	Narrative: Adventure - Escape from Mr Lemoncello's Library (Chris Grabenstein) - Spaced Out (Stuart Gibbs)	Narrative: Autobiography/ biography - Malala: My Story of Standing Up for Girls' Rights – Young Readers Edition (Malala Yousafzai) - You Can Do It: How to Find Your Voice and Make a Difference (Marcus Rashford)	Narrative: Coming of Age - The Best Man (Richard Peck) - Counting by 7s (Holly Goldberg Sloan) - Goodbye Stranger (Rebecca Stead) - Pax (Sara Pennypacker)	Narrative: Mystery - Hoot (Carl Hiaasen) - The Westing Game (Ellen Raskin)	Narrative: Inspired by History - The Mighty Miss Malone (Christopher Paul Curtis) - Echo (Pam Munoz Ryan) - The Inquisitor's Tale (Adam Gidwitz)	Narrative: Magic - Dealing with Dragons (Patricia Wrede) - The Girl Who Drank the Moon (Kelly Barnhill)	Narrative: Non-Fiction - Bomb (Steve Sheinkin) - Hidden Figures: Young Readers Edition (Margot Lee Shetterly)	Narrative: Significant Authors - David Walliams - Eoin Colfer - Michael Morpurgo - Cressida Cowell
	Non-F: Shopping lists, food labels	Non-F: Clothes labels, washing instructions	Non-F: Adverts, fliers, timetables	Non-F: Recipes, letters/ emails	Non-F: Product research, reviews	Non-F: News (papers, magazines and programmes)	Non-F: Cookery books/ websites	Non-F: Personal information forms	Non-F: Social media (identifying fake news)
Functional Decoding Topic(s)	Core Knowledge Cafés & Restaurants Shops & Supermarkets	Core Knowledge Leisure & Health Home	Core Knowledge Travel School (or College/ Social Care Settings)	Core Knowledge Cafés & Restaurants Shops & Supermarkets	Core Knowledge Leisure & Health Home	Core Knowledge Travel School (or College/ Social Care Settings)	Core Knowledge Cafés & Restaurants Shops & Supermarkets	Core Knowledge Leisure & Health Home	Core Knowledge Travel School (or College/ Social Care Settings)
Functional Skills	Communication Reading & Writing Maths								
	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT	Work & Hobbies * Careers	ICT
Independence	Food Preparation	Looking After the Home	Community & Inclusion	Food Preparation	Looking After the Home	Community & Inclusion	Food Preparation	Looking After the Home	Community & Inclusion
<b>Focus Area</b>	<b>Food Service</b>	<b>Enterprise</b>	<b>Horticulture</b>	<b>Food Service</b>	<b>Enterprise</b>	<b>Horticulture</b>	<b>Food Service</b>	<b>Enterprise</b>	<b>Horticulture</b>
Community Visits	Supermarket Independent Living provision Community Workshops and Clubs	Independent Living provision Anlaby Shops	Oldroyd's Corner Range of Garden Centres and DIY	Supermarket Independent Living provision Museums/ Galleries	Independent Living provision St Andrews Quay	Old Town The Deep Oldroyd's Corner	Supermarket Independent Living provision Cinema/ Theatre	Independent Living provision Beverley Shops	Leisure Centres Local Parks Oldroyd's Corner
Being Healthy	Mental Wellbeing & Leisure	Health & Hygiene	Personal Safety Physical Wellbeing	Mental Wellbeing & Leisure	Health & Hygiene	Personal Safety Physical Wellbeing	Mental Wellbeing & Leisure	Health & Hygiene	Personal Safety Physical Wellbeing

*Where appropriate, personalised opportunities to access a range of accreditations and qualifications are offered throughout the 14-19 department. Links to core qualification modules are identified within the Post 16 Progression Document.*



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