



PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

PE and Sport Premium

School: Frederick Holmes School	Pupils: Y1-6	Funding ~£16,000
Academic year or years covered by statement: 2024-2025	Publish date: July 2024	Review date: July 2025
Headteacher: Helen Maddison	Subject lead: Sarah Linstead	Governor lead: Sarah Linstead

Priority Area	Intent	Implementation	£	Impact (Success criteria)
2	Offer a wider range of sporting activities as part of lunchtime provision and After-School Club provision, to promote active and healthy lifestyles.	Volleyball (or other), with a trained coach, weekly Yoga and dance sessions (promoting wellbeing), adapted bikes and Rebound therapy offered by appropriate staff members, weekly.	£1500	All pupils will have the opportunity to participate in a wider range of sporting and leisure activities. 60% pupils attending a club will be able to demonstrate skills they have learnt in one of the additional clubs.
3	Appropriate pupils will have the opportunity to access Riding for the Disabled sessions.	Three, six-week blocks of sessions over the year. Six pupils to access each block of sessions.	£600	The physical therapy benefits of RDA include: improving overall fitness, development of muscle strength, balance and co-ordination, increased core strength and mobility. Other benefits include a long-term impact on: self confidence levels, relationship building and communication skills.
2/4	New PE and musical equipment, alongside music sessions purchased to encourage and develop gross and fine motor skills for all learners, including in the sensory phase.	Weekly music sessions led by Hull Music service - offered to all classes throughout the year.	£3000	Improved physical and mental health, and wellbeing of pupils across the school. Pupils engaged and ready to learn Improvement in gross and fine motor skills
Additional Swimming	Some pupils will have the opportunity for additional swimming or hydrotherapy lessons on top of NC statutory requirements.	Halliwick trained instructor and additional staff The school pool will be open for an extra half day per week to accommodate additional swims.	£9500	All pupils who engage in additional swimming lessons will have increased water confidence and enjoyment in the water. 2 out of 5 Year 6 pupils (40%) will be able to swim 25m in at least one stroke
1/5	To increase staff confidence around MATP delivery and offer increased	PE Lead to liaise with MATP lead at Ganton School and disseminate training to school staff.	£1000	Increase in confidence, knowledge and skill of staff in delivering PE.

opportunities for competitive sport and interschool competition.	Classes to engage in interschool events and competitions across the year.		
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Review of PE and Sport Premium 2023-2024

Key achievements to date until July 2024	Areas for further improvement and evidence to support this
<p>All pupils have had the opportunity to participate in a least a short course of additional swimming lessons over the academic year.</p> <p>All appropriate pupils have received physical management, in addition to their formal weekly PE and swimming curriculum.</p> <p>PE routines firmly embedded in class timetables.</p> <p>Refined and updated PE curriculum and assessment successfully rolled out for Spring / Summer term including implementation of sensory PE.</p> <p>Pupils who required sensory OT support continue to have access this and sensory OT continues to support staff to meet the sensory needs of our pupils.</p> <p>Rebound therapy is used at least weekly by appropriate pupils.</p> <p>Two cohorts of pupils have accessed a series of RDA sessions.</p>	<p>Opportunities for inter-school competition and events can be difficult to access due to the complex needs of the children.</p> <p>Further embed the range of extra-curricular sporting and physical activity offered to pupils.</p> <p>PE lead to explore MATP to implement within PE curriculum.</p> <p>Development of gross and fine motor skills, through a range of physical activities linked to PE, Music and Transcription.</p>
Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils	
% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	0%
% of current Year 6 cohort who can use a range of strokes effectively (e.g. front crawl, backstroke, and breaststroke).	0%
% of current Year 6 cohort who perform safe self-rescue in different water- based situations	0%
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes

