

School Menu for Autumn 2024- Frederick Holmes School

NYCC - NYES Catering – Autumn 2024 – Fredrick Holmes

	WEEK 1 w/c 2 nd Sept, 23 rd Sept, 14 th Oct, 14 th Nov, 2 nd Dec, 6 th Jan, 27 th Jan	WEEK 2 w/c 9 th Sept, 30 th Sept, 21 st Oct, 18 th Nov, 9 th Dec, 13 th Jan, 3 rd Feb	WEEK 3 w/c 16 th Sept, 7 th Oct, 4 th Nov, 25 th Nov, 16 th Dec, 20 th Jan, 10 th Feb
M O N D A Y	VG Sausage Roll Or V Cheese Whirl Baked Baby Potatoes Baked Beans Crusty Bread ***** Chocolate Sponge Fresh Fruit or Yoghurt	V Pizza Or V Mexican veg Pasta Potato Wedges Peas & Sweetcorn ***** Chocolate Brownie Fresh Fruit or Yoghurt	Chicken Nuggets Or VG Veggie Burger Diced Potatoes Baked Beans Homebaked 50/50 Bread ***** Autumn Fruit Muffin Fresh Fruit or Yoghurt
T U E S D A Y	Chicken Korma Or Tuna Jacket Potato Boiled Potatoes Cauli & Green Beans Naan Bread ***** Autumn Crumble Sponge & Custard Fresh Fruit or Yoghurt	V Cheese Sandwich Or V Pasta Bake Carrots & Broccoli Crusty Bread ***** Sticky Toffee Pudding & Custard Fresh Fruit or Yoghurt	V Creamy Cheesy Tomato Pasta Or V BBQ Pasta Medley of Veg Garlic Bread ***** Iced Berry Bun Fresh Fruit or Yoghurt
W E D N E S D A Y	Sausage & Yorkshire Pudding Or V Veggie Nuggets & Yorkshire Pudding Gravy Roast Potatoes Carrots & Broccoli Wholemeal Bread ***** Jelly & Ice-Cream Fresh Fruit or Yoghurt	Minced Beef Pie Or V Broccoli Cheese Bake Gravy Mashed Potato Medley of Veg Homebaked 50/50 Bread ***** Flapjack Fresh Fruit or Yoghurt	Roast Gammon Or VG Veggie Sausage Gravy Mashed Potato Peas & Sweetcorn Wholemeal Bread ***** Lemon Drizzle Cookie Fresh Fruit or Yoghurt
T H U R S D A Y	Spaghetti Bolognese Or V Shepherd's Pie Medley of veg Garlic Flatbread ***** Sponge & Custard Fresh Fruit or Yoghurt	Pork Meatballs in Tomato Sauce with Pasta Or VG Sweet Potato & Veg Curry & ½ Jacket Potato Mixed Veggies Garlic Bread ***** Jammy Shortbread Fresh Fruit or Yoghurt	Beef Bake Or V Quesadilla Boiled Potatoes Carrots & Peas ***** Chocolate Fudge Pudding & Vanilla Sauce Fresh Fruit or Yoghurt
F R I D A Y	Harry Ramsdens Battered Fish Or V Sweet Potato Bake Chips Peas & Sweetcorn Ketchup Homebaked 50/50 Bread ***** Banoffee Mousse Pot Fresh Fruit or Yoghurt	Fish Star with Chips Or V Cheesy Bean Loaded Potato Skins Chips Ketchup Peas & Sweetcorn Crusty Bread ***** Choc Orange Mousse Cake Fresh Fruit or Yoghurt	Fish Fingers Or V Chilli Pitta Chips Ketchup Baked Beans Homebaked Seeded Bread ***** Sponge & Custard Fresh Fruit or Yoghurt

V = suitable for a vegetarian diet

VG- suitable for a vegan diet

Jacket potatoes and sandwiches may be available, please contact the school if required.